## Mental Health and Substance Abuse Task Force Meeting Minutes January 30, 2019 2-4PM

# Zoom meeting

#### Members Present:

Leslie Hulvershorn, Co-chair
Sirrilla Blackmon, Co-chair
Cathy Boggs, Executive Director of Behavioral Health at Community Health Network
Cody Mullen, Policy, Research Development Officer at Indiana Rural Health Association
Kristina Johnson, Director, Community Initiatives—The Lutheran Foundation, Inc.
Carrie Michaels, Medicaid Policy/Planning
Marc Kniola, Youth Services at IDOC
Carrie Cadwell, President/CEO, Four County Counseling
Jeff Wittman, School Social Work & Foster Youth Specialist

#### Members Absent:

Nancy Wever, Director, Indiana Juvenile Detention Alternatives Initiative Carol Satre, MSW Faculty IU School of Social Work, Field Coordinator David Reed, Deputy Director of Child Welfare Services at DCS Chris Daley, Executive Director of IARCA Barbara Moser, Executive Director, NAMI Indiana Cathy Robinson, FSSA Bureau of Developmental Disabilities Services

#### **Guests Present:**

**Steve Monte,** Community Member **Rae Feller,** Community Member

Call to Order: Meeting called at 2:00 PM

- 1. Welcome
- 2. Approval of October 11, 2018 Minutes:

October 2018 minutes were approved by voice vote.

3. New Member Updates:

Identification of new members may become more clear as subcommittee progress is reported.

- 4. Subcommittee Updates:
- 3.1: Service Creation subcommittee

Leslie stated there is still work to be done toward this goal. Sirrilla agrees that there must be gaps between behavioral health care and primary care providers. Barriers discussed by the group were provider buy in, education for implementation and billing coordination. The group

discussed the need for a new team lead for this goal, as previous lead has vacated her position. Leslie will reach out to primary care doctor that may have an interest in joining the task force. Carrie Caldwell will provide a list of CMHCs and may be interested in co-leading this committee. This committee will work on increasing provider buy in and trouble shoot billing issues.

#### 3.2-Service Access & Availability subcommittee

Marc Kniola reported progress toward this goal. Marc questioned if the task force wants to endorse certain interventions over others. He addressed concerns of controversy for promoting specific interventions. Julie stated that there is room for the group to identify a group or single evidence based practice to recommend to the Commission. Leslie suggested focusing on ways to improved evidence based practice use for providers. The committee agreed the gaps in EBP usage are vast and researching cost and implementation of interventions could be presented to the Commission at a later time. Julie suggested using the Families First model to present interventions with levels or rankings of the research. Leslie provided information to the group regarding an evidence based treatment, MATCH, and identified a faculty member at IU School of Medicine that may be interested in participating with this committee. Leslie will speak with Dr. Rodriguez and determine her interest. Marc reported he is agreeable to continue work on this committee, with support from the taskforce.

#### 3.3-System Gaps Subcommittee

Sirrilla reported the there are changes in Medicaid/telehealth billing requirements in process that may affect this goal. Changes in telehealth for substance use treatment are scheduled for this summer. The committee will monitor these potential billing changes and continue work on report on effectiveness of alternatives available.

#### 3.4-Service Access & Availability subcommittee:

Cathy Boggs reported the IPLA application portal is piloting expedited licensing process after task force recommendation to the Commission. There is a need for expedited behavioral health provider licensing and the pilot program is testing a 72 hour window to process temporary licenses. The committee is also monitoring the progress of two current bills which address who can sign off on a treatment plan and who can provide supervision to other providers. Sirrilla stated that treatment plan sign off is a large issue for billing compliance.

#### 3.5-Service Creation subcommittee

Marc Kniola reported the committee is identifying assessment tools and studying the use of models to support their implementation with at risk youth.

#### 3.6-No Team Lead Identified

Need for coordination with the adult addiction prevention committee identified by the group. Team lead will be identified to work toward this goal.

### 3.7-System Gaps Subcommittee

Nancy Wever reported that this is a large goal that may need to be narrowed to multiple, more narrowed action steps. The committee will work on forward progress before the next meeting.

# 5. Commission Update

Julie reports next Commission meeting is February 20<sup>th</sup>, 2019. Agenda items are needed by February 6<sup>th</sup>. Leslie and Sirrilla will give Task force update at the meeting. Update to the Strategic Plan coming this summer.

Commission meetings are public; physical meeting room will be booked for next taskforce meeting.